



Coronavirus COVID-19

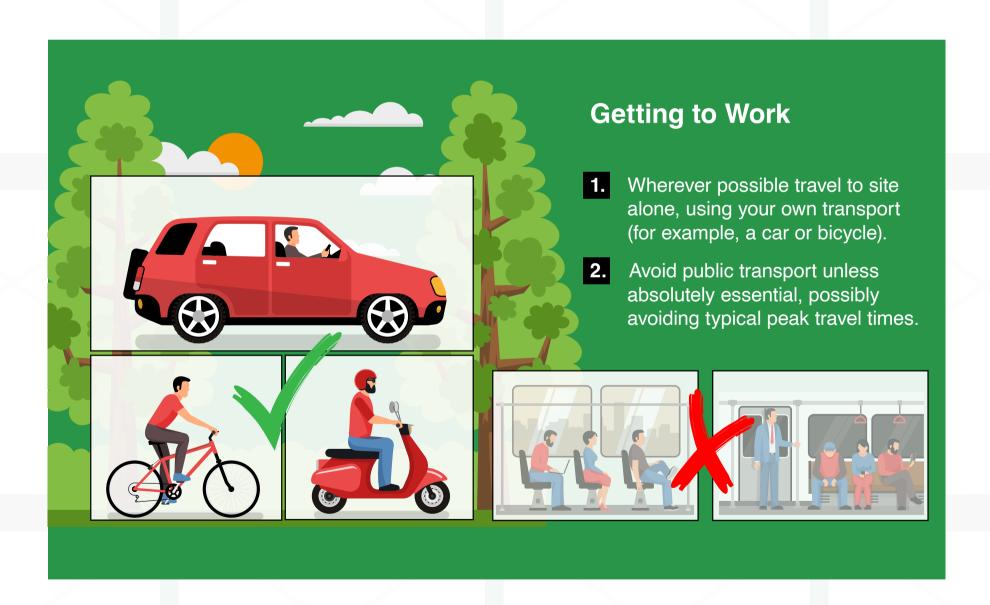
--



Toolbox for Construction Workers

Coronavirus is a highly contagious disease that can have severe effects on people, especially those who are vulnerable. The virus is likely to pass from person to person in communal areas and where it is not possible to maintain safe distances between persons. If a person is infected while working it can be passed on through families and other contacts.

You can spread the virus even if you don't have symptoms.







Precautions at Work

On site

Wash your hands when you arrive on site, regularly throughout the day (especially if you sneeze or cough and after eating or handling food) and again when you leave site.



Wash your hands

Stay on site for your breaks. Do not use local shops. Bring your own meals and refillable drinking bottles. Do not share items (for example, cups).



Stop contact

Always keep at least 2 metres away from other workers. This includes while you are working and during breaks and mealtimes – staggered breaks will help achieve this.



Keep distance

Only hold meetings that are absolutely necessary. Ideally, these should take place outdoors, with the minimum number of people and those people should be kept at least 2 metres apart.



Avoid unnecessary exposure

Follow the 2 metre rule at all times





Precautions at Work

Distancing

Follow the indications for correct sign in on site, as the procedures might have temporarily changed, such as not using biometrics.



Follow sign in procedures

Follow the temporary signs and markings on the floor to maintain safe distancing at all times.

To maintain safety distance, some toilets, sinks and canteen seatings may not be available for usage.

Follow the one-way circulation rules, by looking for signage in place.



Follow the 2 metre rule at all times





Precautions at Work Cleaning

Single use PPE

should be disposed of so that it cannot be reused.



Reusable PPE such as Face Masks, should be

- 1. thoroughly cleaned before and after shift, using an appropriate cleaning solution, in line with manufacturer's guidance;
- 2. stored in a proper manner, preferably in a plastic bag;
- 3. not shared between workers.



What to do if you think you are ill





If you develop a high temperature or a persistent cough while at work, you should:

- **1.** Report this to your supervisor.
- **2.** Avoid touching anything.
- 3. Cough or sneeze into a tissue and put it in a bin or, if you do not have tissues, cough and sneeze into the crook of your elbow.
- 4. Return home immediately.
- You must then follow the guidance on self-isolation and not return to work until your period of self-isolation has been completed.

