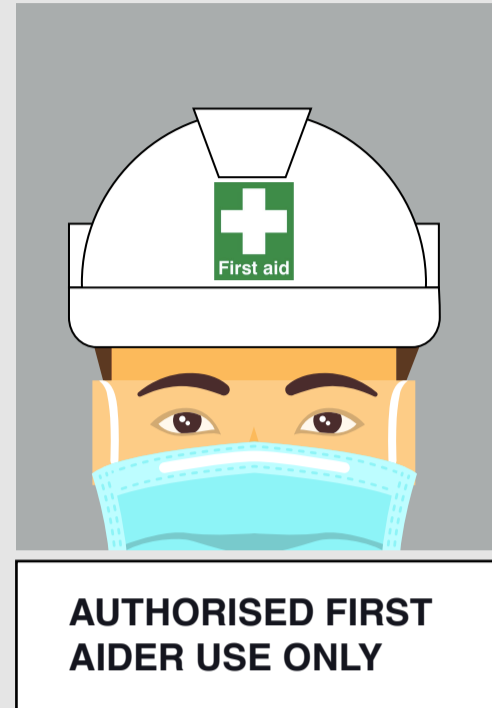


First Aid Response

First aid is the first and immediate assistance given to any person or persons suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening and to promote recovery.

The trained First Aider must undertake a dynamic risk assessment prior to attending the casualty to ensure there is not a danger to themselves or others.



Administering CPR



Step 1

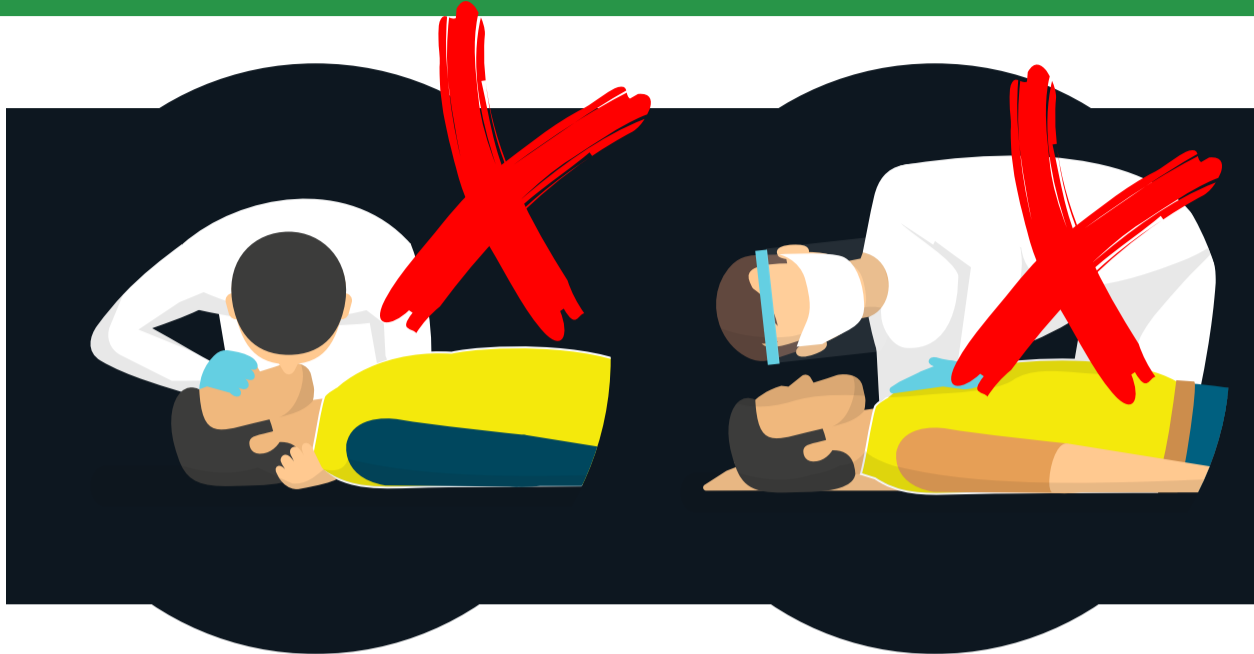
First aider should use the enhanced PPE provided:
Disposable Gloves, Mask, Coveralls and Face Visor - one use only.

Step 2

Recognise cardiac arrest by looking for the absence of signs of life and the absence of normal breathing. **Make sure an ambulance is on its way. If COVID-19 is suspected, tell them when you call 999.**



Information available through J Coffey K – Drive Section



ATTENTION
Do not listen or feel for breathing by placing your ear and cheek close to the patient's mouth.

Step 3
If you are in any doubt about confirming cardiac arrest, the default position is to start chest compressions until help arrives.



Step 4
If there is a perceived risk of Infection, rescuers should clean hands with sanitizer, then place a cloth/towel over the victim's mouth and nose and attempt only CPR and early defibrillation until ambulance (or advance team) arrives.
Put hands together in the middle of the chest and push hard and fast.

The equipment contained here-in is solely for enhancing on-site authorised First Aid Kits for the safety and protection of First Aiders when dealing with on-site incidents. Items are not to be removed except for dealing with First Aid incidents requiring their use.

Equipment images are for illustration purposes only - the kit provided to you might appear diferent.

On site negligence and misuse may incur disciplinary action against those found to be misusing this critical safety equipment. Replacement items can be ordered from J Coffey Plant.



Information available through J Coffey K – Drive Section