



J COFFEY MAIN CONTRACTS

Essex Lodge GP Surgery, Plaistow E13

This contract consists of the two-phase redevelopment of a doctors surgery in East London as part of a scheme to combine two existing Practices either side of Plaistow Park.

J Coffey Construction were tasked with constructing a new two storey extension adjacent to an existing 'live' Surgery with a 'shared' access, whilst maintaining full access for patients & staff, and without disruption to the local public amenities.

The construction was traditional with strip foundations, masonry substructure supporting a suspended pre-cast concrete ground floor and a structural steel frame supporting a reinforced concrete composite first floor and a pitched timber & steel roof structure with a slate roof covering.

The accommodation in the new building provides ten additional Consulting Rooms, three Treatment Rooms, Recovery Rooms, Seminar Rooms as well as Staff areas plus a redesigned Reception

Once the new build first phase was complete the current staff decanted in to the new accommodation to enable the remodelling & refurbishment of the existing Grade II building which was originally the hunting lodge of the Earl of Essex.

At all times it was vital that data/ IT installations between the two phases were not interrupted.

Value:
£3.1 million
Contract: JCT
Intermediate
Building Contract
with Contractors Design
2011

Duration: 72 weeks

Completed: July 2018

Project Manager: Baqus

Architect: Murphy Phillips

Structural Engineer: Thomasons

Services Consultant: Stuart McCurry and
Partners

Cost Consultant: Baqus

"It will have been worthwhile for patients in Newham to experience primary health care in premises fit for purpose in a modern world. Patients deserve the best. So well done to all! Patients will be grateful to all of you because their GP Surgery is one of the best around."

Dr Hardip Nandra MB-
ChB MRCGP MBA,
Essex Lodge

